

Fall Table Runner

from the Old Quilting Community at America Online

Page & some graphics originally by Paula

Converted to PDF by Pat Tribbey www.anotherpat.com



Fabric Requirements

- 1-1/2 yards of a focus fabric, in a Fall theme (of course!)
- 3-4 FQs fabrics that coordinate with your focus fabric (use more FQ's for a scrappier look, if you want. No long FQ's)
- 1 FQ cream or a very small print that 'reads' as cream
- Scraps of fall leaf fabrics (approx. 6" square at the most for each) no more than 10 different fabrics for that scrappy look, less for a more "pulled together" look. Think rusts, oranges, browns, golds....
- 1-1/2 yards backing fabric
- Fusible web (not a lot...maybe a FQ (18" x22") sized piece not much more than that)
- Cotton batting (like Warm & Natural) or flannel for the batting. Nothing thick!
- Coordinating thread for piecing
- Embellishing thread, if desired

Step One

There are two different ways to accomplish the results of Step One:

- Method One is to cut all the squares necessary and sew them all together in a checkerboard pattern.
- Method Two is to cut strips and sew them together, cut into strips, and then assemble the checkerboard.

You choose which way you would prefer!

Step One - Method One Cut squares & Assemble

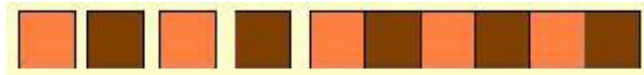
Directions for cutting all the squares and assembling them:

Cutting Instructions:

From focus fabric: Cut 25 3-1/4" squares

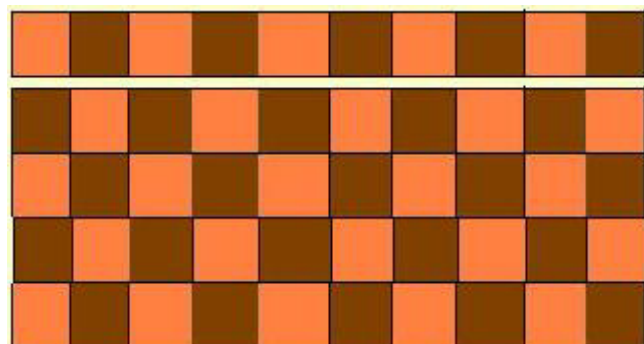
From coordinating fabric: Cut 25 3-1/4" squares

From cream fabric: Cut 2 6-1/2" x 14-1/4" rectangles

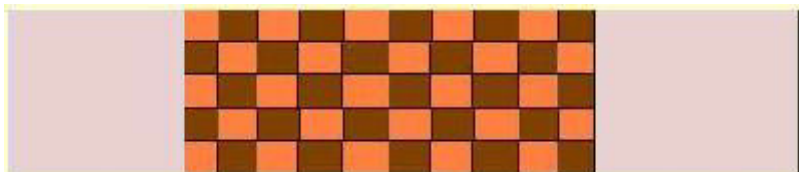


Sewing Instructions:

- Sew 10 squares checkerboard style, beginning with your Focus fabric, then alternating with the coordinating fabric, etc. until 10 squares are sewn together. Use a 1/4" seam, and press your seams toward the Focus fabric.
- Repeat twice more, so you have a total of 3 strips of alternating squares sewn together. Remember to press!
- Next sew 10 more squares checkerboard style, beginning with the coordinating fabric, then alternating with the Focus fabric, etc. until 10 squares are sewn together. Use a 1/4" seam, and press your seams toward the coordinating fabric.
- Duplicate another strip of squares so you have a total of 2 strips of alternating squares sewn together. Remember to press!
- Take one strip of squares that begin with the Focus fabric and sew it to a strip of squares that begin with the coordinating fabric. Be sure to match your intersections carefully. Alternate sewing all the strips together so you have a rectangle of squares 28" x 14-1/4".



- Sew one cream rectangle to each side of the checkerboard rectangle, matching the 14-1/4" sides. Use a 1/4" seam and press toward the checkerboard. Remember to PRESS, not iron back and forth, or you will distort your checkerboard.



Step One - Method Two Strip Cutting

Directions for strip cutting:

Cutting Instructions:

From focus fabric: Cut five strips of the focus fabric, 3-1/4" x 16-1/4"

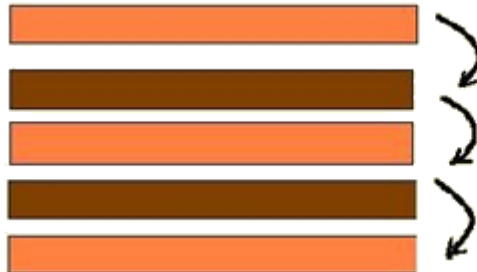
From coordinating fabric: Cut five strips of the focus fabric, 3-1/4" x 16-1/4"

From cream fabric: Cut 2 6-1/2" x 14-1/4" rectangles

Sewing Instructions:

- Sew five strips together, **starting with the focus fabric**, sewing on the long edges with a 1/4" seam allowance. Press toward the focus fabric.

Let's call this Unit One.



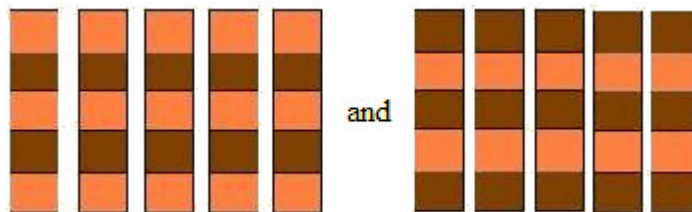
Sew the 3-1/4" x 16-1/4" strips together

- Sew five strips together, **starting with the coordinating fabric**, sewing on the long edges with a 1/4" seam allowance. Press toward the coordinating fabric. **Let's call this Unit Two.**

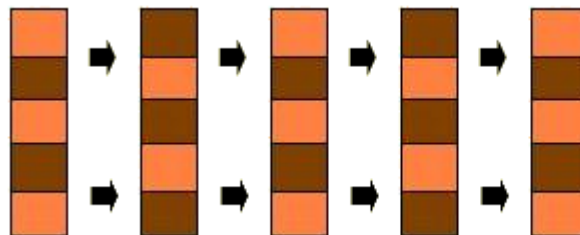


Sew the 3-1/4" x 16-1/4" strips together

- Cut Unit One and Unit Two into 3-1/4" strips (make sure the strips are horizontal!).

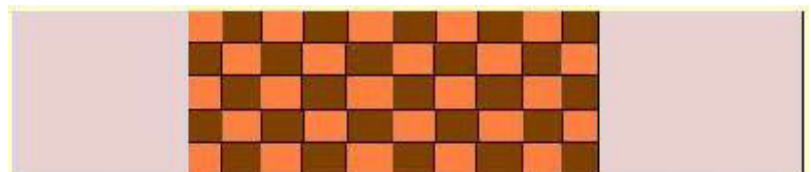


- Assemble the checkerboard by beginning with a strip with the focus fabric on the top. Then alternate strips to create the checkerboard as in the diagram. Be sure to match your intersections carefully. They should nest nicely. Use all the strips until your checkerboard is 28" x 14-1/4".



Sew the 10 strips together using this pattern

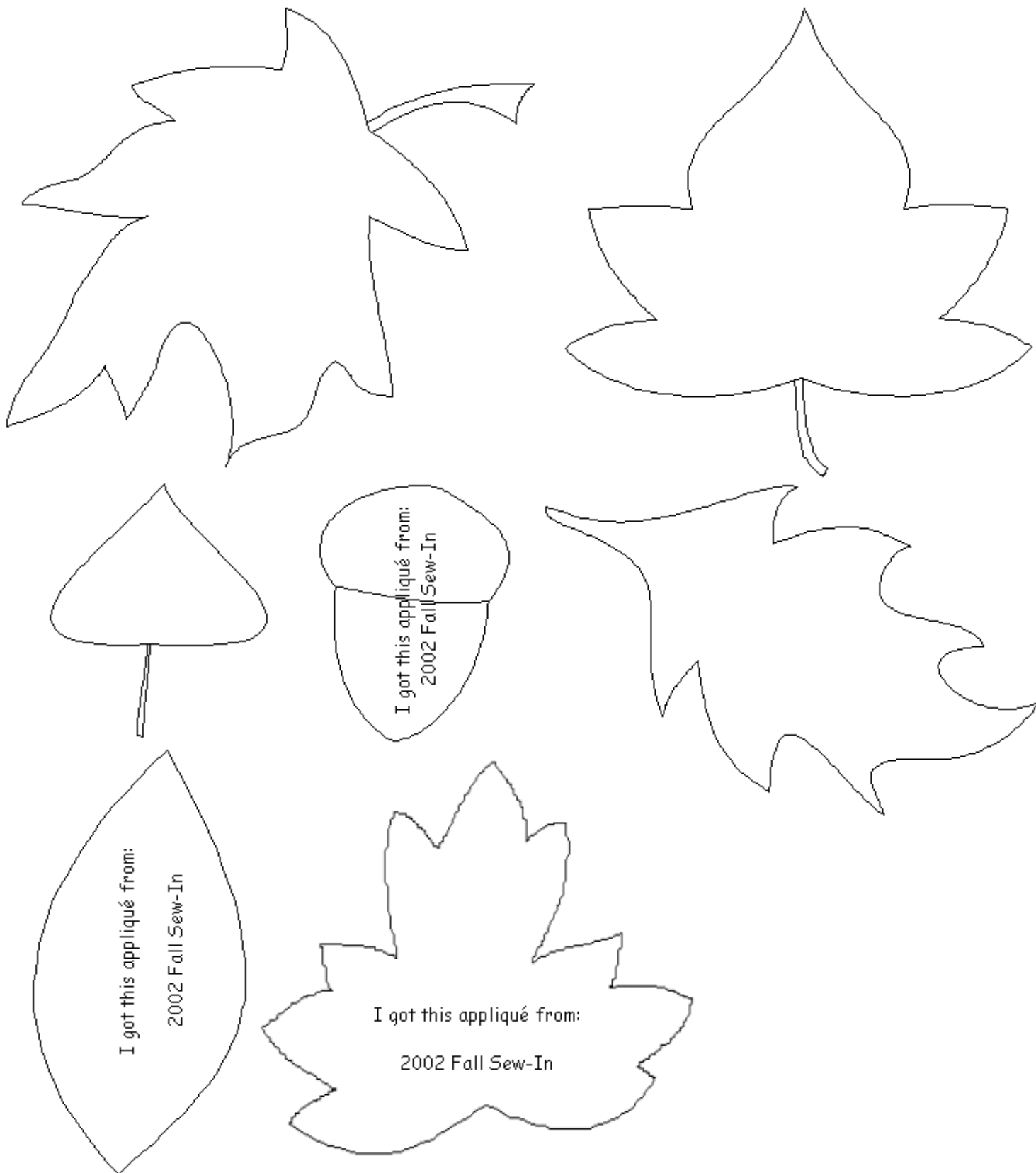
- Sew one cream rectangle to each side of the checkerboard rectangle, matching the 14-1/4" sides. Use a 1/4" seam and press toward the checkerboard. Remember to **PRESS**, not iron back and forth, or you will distort your checkerboard.

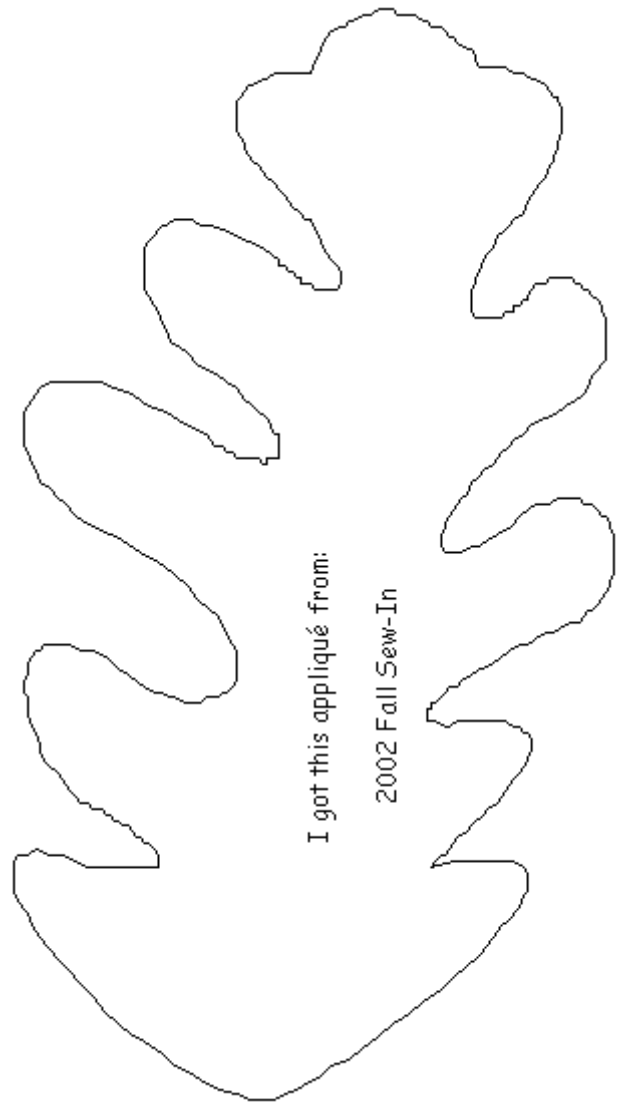
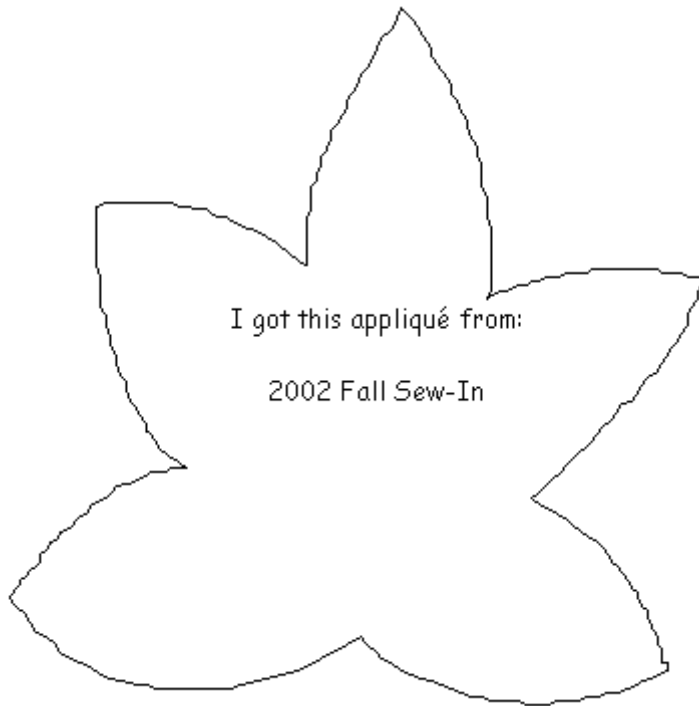
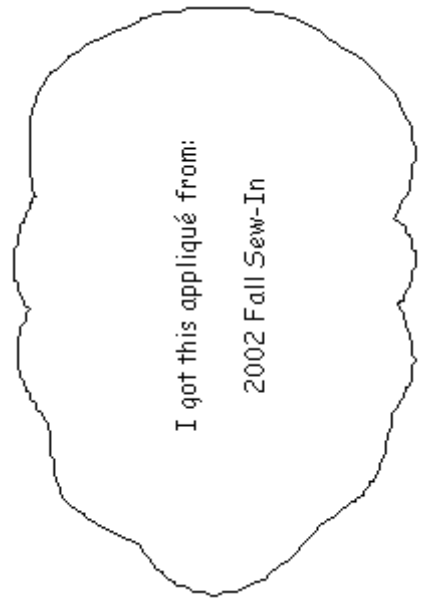
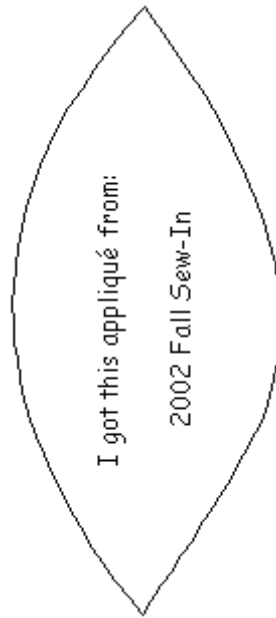


Step Two -- Sewing Instructions

You be the designer!

You can use the Fall leaves & motifs below ... or use your own Fall motifs. Use as many templates as you'd like, repeating them as you choose! Cut out your fabric and sew to your cream colored blocks ... using your favorite appliqué technique in any arrangement you'd like! You might even put some on your checkerboard area! The choice is yours!







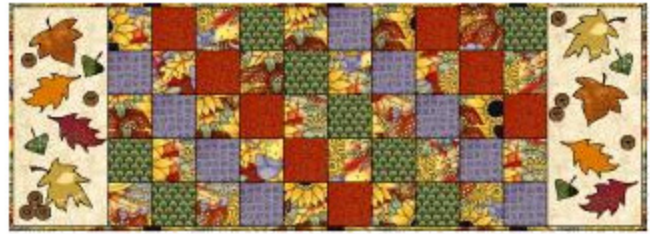
At this point you may add a border of the focus fabric (or whatever fabric you'd like). We used 2-1/2" borders, added to left and right sides at 2-1/2" x 14-1/4", and then the top and bottom borders at 2-1/2" x 40-1/4".

Then, embellish your project top with threads, treasures, anything that will highlight and excite, but not that will interfere with a glass, dish or other tableware!

Let your imagination take over and do something new and challenging!



Ms2001 did a great job with a pumpkin and leaves!



Pat in South Florida



Cathy from Colorado really got into this!
Gorgeous colors!



Suanne from Massachusetts did this in her new EQ4 which she just started learning this week. She altered the pattern to a larger size to fit her coffee table, and made her version 'countryfied' to match her decor.



Willow always participates in our projects, and has only been quilting a short time! You wouldn't know it, though, to see her work! Didn't she do a great job?



Another version from Ms2001! Wow!